

Learning to Listen

Listening is one of the most important things we can do when supporting others: but we can get this wrong! This informative, engaging and practical course is designed to support you in developing your relationship building and 'repairing' capacities to enable you to work more effectively when supporting children and young people. We will look at the core skills needed for *listening effectively*, as well as consider factors that can get in the way: the 'roadblocks' of listening well.

You will leave this course feeling **more** confident, knowledgeable and skilled in terms of understanding the power of listening and using this to support others.

AIMS

- To define 'good' listening.
- To introduce the 'core' conditions of person-centred therapy.
- To practise and enhance listening skills, in line with the 'core' conditions of person-centred therapy.
- To gain confidence in applying these skills and reflect upon personal development and growth.

COST: £155

DURATION: one day

WHAT'S INCLUDED: all course materials and refreshments (participants need to provide their own lunch)

AUDIENCE: trained ELSAs, pastoral workers, learning mentors, SENCOs, safeguarding leads, etc...

FACILITATOR: Russell Postlethwaite, Educational Psychologist

DATES and LOCATION (venues tbc):

- **LINCOLN, Monday 7th June 2021, 9.00 – 16.00 (registration from 9.00 – 9.30) - KYRA Training Centre, Priory Pembroke, Croft Lane, Lincoln LN3 4PJ**

Go to [ELSA COURSES](#) or [Staff Training](#)
to book onto this course.

Any questions or queries, please contact us: russell@futuresinmind.org