

ELSA - Emotional Literacy Support Assistant

Effective learning through meeting social, emotional and mental health needs.

Futures in Mind are a nationally recognised and registered provider of ELSA training. We are the *leading provider* of ELSA training across Lincolnshire and Rutland.

What is ELSA?

The ELSA programme is an evidence informed, nationally recognized approach to supporting children and young people with social and emotional needs. Once trained by our highly experienced EP's, ELSAs can become an integral part of your school's approach to supporting these vulnerable pupils.

Benefits of investing in the ELSA programme:

- Improvements in academic attainment of pupils.
- Enhanced staff and pupil relationships.
- Decreases in mental health issues.
- Reductions in the incidents of challenging behaviour.
- Improved staff confidence, skills and knowledge.

'... the skills/knowledge gained are fantastic for applying or even slotting into existing practice.'

How to get the best out of the ELSA programme – best practice:

- ELSA is most effective when it is part of a whole school ethos.
- ELSAs (trainees) have the full support of the senior leadership team and staff.
- The ELSA is supported by a knowledgeable line manager.
- The school commits resources and time to support ELSA work.

Further information about ELSA can be found on the attached flyers, www.futuresinmind.org and the ELSA Network www.elsanetwork.org

Join the 115 ELSA's Futures in Mind have trained across Lincolnshire and Rutland

Training provided by two highly experienced Educational Psychologists

COST: £495 - includes a course handbook and all relevant materials

'I thoroughly enjoyed the course and found it informative and inspiring.... Thank you for all your teaching; for inspiring me to step knowledgeably out of my 1:1 role; for making the course days fun and for all the sweets!'

COURSE DETAILS

Venue

Horncastle - TBC

When

DAY 1: Tuesday, 2nd March, 2021, 9.30am – 4.00pm (Line Managers presentation 3.00 - 4.00pm)

DAY 2: Tuesday, 16th March, 2021, 9.30am - 3.30pm

DAY 3: Tuesday, 30th March, 2021, 9.30am - 3.30pm

DAY 4: Tuesday 20th April, 2021, 9.30am - 3.30pm

DAY 5: Tuesday, 4^h May, 2021, 9.30am - 3.30pm

Attendance at **four** 2-hour supervision sessions over two school terms following the training input. Dates to be decided on training day 5.

To be awarded the ELSA certificate **full** attendance is required at **all** training and supervision dates. Futures in Mind will endeavor to support individuals who miss training days due to unforeseen circumstances

Please note that registration is from 9.00 - 9.30, with the course starting at 9.30

Refreshments are provided though participants will need to *bring their own lunch*

PLACES ARE LIMITED SO PLEASE BOOK EARLY
Book here -

<https://www.futuresinmind.org/elsa-courses/>

Any questions or queries, please get in touch

Russell Postlethwaite - Russell@futuresinmind.org